

For the latest catalogue
please send email to connect@goodfolks.shop

Good for you

Good for the communities

Good for the planet

That's the Goodfolks promise

Explore.

GOODFOLKS





Goodfolks identifies products and ideas with potential from the Micro-Small business and farming segments and develops them through a continuous process of value addition. The result is a basket of products that can compete with the best in International Markets.

All products are developed with ethical, sustainable and environmental considerations. And the resulting products are intended to cater to the growing 'conscious consumer' segment.

Therefore our products are

Good for the consumer - 100% natural

Good for the communities that make them - Supports livelihoods

Good for the planet - Plastic free and supports natural farming

About Us

AYURVEDIC BEE HONEY

REGIONAL COLLECTION

Sri Lanka is considered a bio diversity hot-spot. And naturally its forests are filled with medicinal plants, unlike nowhere in the world. Bee Honey from Sri Lanka is therefore considered to have the most medicinal value. That's not all. Sri Lanka offers three distinctive bee honey regions that offer a taste, colour and texture unique to these regions.

Variants:

- North & North Central - Dark
- Sabaragamuwa - Gold
- Uva - Amber

TG: Consumers looking for medicinal beehoney

Status: 100% Natural

Available Packaging: 150g / 250g / 1Kg

Shelf Life: 36 Months



AYURVEDIC SUPERPOWERS

BLENDED RANGE

Sri Lanka also boasts a rich history in Ayurveda, dating back thousands of years. And its medicine rich bee honey has been a big part of its efficacy. Particularly those that have been combined or infused with herbs and spices to create powerful blends that heal a multitude of ailments. However Goodfolks Ayurvedic Superpowers range also taste amazing, making them sought after for exotic food and beverage pairings.

Variants:

- Ginger
- Garlic
- Ceylon Cinnamon
- Garcinia Cambogia

TG: Health & Wellness customers + Food connoisseurs
Status: 100% Natural

Available Packaging: 150g / 250g / 1Kg
Shelf Life: 36 Months



KITHUL TREACLE

SMOKEY NEW STAR

The world's finest chefs are just beginning to discover the magic of Kithul Treacle with its layered notes ranging from smokey, to earthy to downright mysterious. And this magical syrup is only available from Sri Lanka. The fact that it is also considered a medicine in Ayurveda gives it even more prestige. Kithul Treacle is also a LOW GI Sugar content product.

Variants:

- Kithul Treacle
- Infused Kithul Treacle
- Kithul Jaggery

TG: Health food lovers, food connoisseurs
Status: 100% Natural

Available Packaging: 500ml / 1L / 4L / 20L
Shelf Life: 12 Months



COCONUT TREACLE & SUGAR

LOW GI CHAMPS

As the world wakes up to the evils of refined sugar, more and more people are actively seeking natural sweeteners and syrups. Coconut Treacle is one big winner not only thanks to its low GI score but also because it retains many nutrients that cannot be found in refined syrups and sugars. What's more they behave just like regular syrups and sugars so switching to these products isn't just good for health, its also super easy. Oh and these are Vegan & Gluten-free.

Variants:

- Coconut Treacle
- Coconut Sugar - Pouch / sticks (4g)
- Flavoured Coconut Sugar

TG: Health food lovers, food connoisseurs

Status: 100% Natural

Available Packaging: Treacle - 500ml / 1L / 4L / 20L

Available Packaging: C/Sugar - 500g/ 1Kg / 10Kg / 4gx50

Shelf Life: 12 Months



COCONUT JAMS

THE HEALTHY INDULGENCE

Think of your favourite hazelnut spread. Now imagine it to be healthier, all natural, low GI, Vegan & Gluten Free. And that its also planet friendly and is not controversial for its labour practices. That next level goodness comes to you in every jar of coconut jam that is 100% natural with no preservatives, artificial colours or flavours.

Variants:

- [Coconut Jam - Original](#)
- [Coconut Jam - Cocoa](#)
- [Coconut Jam - Pineapple](#)
- [Coconut Jam - Ceylon Cinnamon](#)
- Coconut Jam - Ginger

TG: Health food lovers, food connoisseurs

Status: 100% Natural

Available Packaging: 330g / 500g

Shelf Life: 12 Months



COCONUT CHIPS

GUILT-FREE SNACKING

Coconut Chips are 100% natural and come with none of the bad ingredients associated with regular snacks. They also carry the nutrients and health benefits present in coconut. They come in an array of flavours and works wonders when included in granola, salads, cereals. And are absolutely perfect on their own too.

Variants:

- Coconut Chips - unroasted (Original)
- Cocoa / Ginger / Cinnamon /
- Pineapple / Strawberry / Mango
- Savoury / Chilli & Lime

TG: Health food lovers, food connoisseurs

Status: 100% Natural

Available Packaging: 100g / 250g / 1Kg

Shelf Life: 12 Months



DRIED FRUITS & POWDERS

A TROPICAL TREAT

Sri Lanka is home to an abundance of tropical treats. Given its climatic conditions and rich soil, they are also much juicier, tastier and richer in nutrients when compared to plantation based dried fruits from other parts of the world. Our dried fruits are also 100% natural with amazing flexibility when it comes to its use in other dishes but also works as a fantastic standalone snack. Fruit powders meanwhile works wonders in smoothies and baking.

Variants:

- Dried Fruits: Jack-Fruit / Mango / Pineapple / Papaya / Banana / Star Fruit / Watermelon
- Fruit & Vegetable Powders: Banana / Mango / Pineapple / Beetroot / Carrot /

Available Packaging: 100g / 250g / 1Kg
Shelf Life: 12 Months



